



Welcome to **The Prosperity Practise Game** — your daily vibrational exercise designed to rewire your relationship with money, receiving, and flow.

TODAY IS _____ DAY. THE____/____/20____. TODAY>. I AM SPENDING \$_____:



ABUNDANCE EXPANSION GAME

WHAT THIS GAME TRAINS YOU TO DO

- ☐ Expand your receiving mode
- ☐ Build comfort with wealth
- ☐ Shift your identity into abundance
- ☐ Normalize luxury, ease & overflow
- ☐ Open your energy to inspired ideas
- ☐ Strengthen your manifestation momentum
- ☐ Train your vibration to expect more
- ☐ Soften resistance around money
- ☐ Build emotional safety around expansion

The Frequency I Activated Today:

- ☐ Abundance
- ☐ Expansion
- ☐ Freedom
- ☐ Ease
- ☐ Overflow
- ☐ Clarity
- ☐ Joy
- ☐ Worthiness
- ☐ Receiving
- ☐ Power
- ☐ Play
- ☐ Gratitude
- ☐ Generosity

Soon, you'll notice:

- ☐ Synchronicities.
- ☐ Unexpected money.
- ☐ New opportunities.
- ☐ Inspired ideas.
- ☐ Better timing.
- ☐ A clearer "receiving mode."
- ☐ Expand faster
- ☐ Release scarcity
- ☐ Soften resistance
- ☐ Shift your wealth identity

EXPANSION DAY #



1



2



3



4



5



6



7



Week #__

Track your journey — it's powerful to see your expansion in order



Write today's total boldly — own it vibrationally

Let it feel delicious, expansive, and fun

Spending today's energetic deposit:

"Choose items that stretch your imagination – things that feel exciting, generous, or luxurious."

How I'm spending it:

	Amount	total
	\$	\$
	\$	\$
	\$	\$
	\$	\$

Why these choices feel good. - : Write a few lines about the emotional frequency behind each choice. - How does it feel? Free? Luxurious? Aligned? Supportive?

"Don't think about practicality, think about expansion."

"What does each choice say about the version of you who already has this?"

Unrealistic Uncomfortable Acceptable Ease Pure Alignment

RESISTANCE THAT SHOWED UP
(IF ANY): SCALE. 1-10



"Resistance isn't wrong – it shows your next point of growth."

MOOD



Circle the mood that best matches the energy you feel after spending today's amount.

A Square Root of Life™ Prosperity Practice

Journaling Notes:

"Spend until you feel a shift – that's where the magic is."